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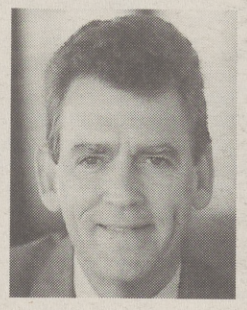
UCSF Newsbreak

Possible NIH funding cuts; clinical care in jeopardy

Americans' apathy casts doubt on AIDS future

By ALLEN J. BALDERSON

Despite the fact that in this country AIDS now is the number one killer of people aged 25 to 44 and has so far claimed 270,000 lives, recent polls show Americans seem to be losing interest in the disease.



Conant

This apathy may be due, in part, to the fact that AIDS has become a permanent fixture in our society. The American public, distracted by other issues, now seems to feel that AIDS no longer will personally affect them. After all, the blood supply is safe, and the disease is not spreading as quickly among heterosexuals. According to the National Commission on AIDS, the disease now is viewed as primarily a disease of "the underclass": homosexuals, drug users and their sex partners.

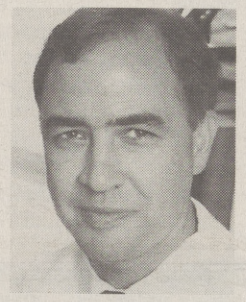
As apathy among the general population has grown, AIDS advocates and researchers alike have become frustrated as the assumptions they held in the early 1980s have been shattered. The disease is not temporary and it will not soon be cured.

"People are beginning to understand the magnitude of the AIDS problem, and they're losing interest because it is a long-term problem and we have lots of them in this country," says dermatologist Marcus Conant, who has been treating AIDS patients since 1981. "We also are being taught by the press and media that the AIDS situation is hopeless. And everyone is feeding into that."

Conant says the public's disinterest in AIDS and the current political climate is like a Tennessee Williams' play. "It's 'concentrated misery,'" he says, explaining that Americans are fixated with sensational, one-time stories such as the O.J. Simpson trial or a fiery plane crash and less willing to pay attention to the open-ended issues that defy quick solutions.

Set against this backdrop, Conant is a maverick. For despite the relatively minor progress to combat the disease, he remains optimistic. "I think a vaccine development is very possible, but from where it stands today to actually getting it into human beings will take $3 billion to $5 billion." Conant says the question is not whether a vaccine will be found or not but, "Will we drag it out over another decade, or will we put the money up front and get the job done? Because it's simply going to take that much money."

In terms of drug treatments, Conant thinks the latest combination of therapies — AZT and 3TC with one of the newly developed protease inhibitors — is extremely promising. Protease inhibitors block a key viral enzyme needed for the virus to reproduce. The drugs currently on the market block a different enzyme, reverse transcriptase, and by themselves are generally acknowledged to be weak at best in stopping the progression of HIV. "Most Americans want a quick fix," Conant believes. "They don't like hearing that HIV disease will have to be treated with four to eight drugs, costing billions of dollars, not millions, with a timeline of years, not months."



Volberding

As people's interest in the disease has waned, so has the funding for HIV research and clinical care. Fourteen years into the epidemic, AIDS researchers are working harder to get fewer dollars. The country also has a seemingly unsympathetic Congress. Indeed, if the GOP-proposed balanced budget takes effect, AIDS care and housing programs will face anywhere from a 12 to 50 percent reduction in the next five to seven years, according to California Representative Nancy Pelosi's office.



Coates

"What I've gathered in Washington, including at NIH's Office of AIDS Research is that AIDS research may be under attack," says Thomas Coates, director of the Center for AIDS Prevention Studies (CAPS). "The President's budget is asking for increases in the AIDS budget, but there is no guarantee that these will get through Congress." There is strong pressure to fulfill the GOP's Contract With America, says Coates. Plus there are some members of Congress saying that heart disease, cancer and diseases of the aged are more important in their districts. "All of this is occurring at a time when women with AIDS are growing at a faster rate than that seen among men, and it still is devastating in developing countries."

The AIDS research budget coming from NIH definitely could be cut, according to Coates, but the final word isn't in yet. William E. Paul, director of the Office of AIDS Research, has just appointed a committee of 12 scientists, including Coates, to evaluate the federal AIDS research effort and suggest

(See **AIDS** *on page 2)*



Women's Health 2000 on March 4

Learn the latest on women's health issues from experts at the second annual Women's Health 2000 on Saturday, March 4. The day-long forum, co-sponsored by the Obstetrics and Gynecology Research Education Foundation and the Women's Resource Center, will be held from 8 a.m. to 5 p.m. at the Laurel Heights Conference Center.

Faculty members from UCSF and other experts will discuss key health issues and a comprehensive approach to maximizing good health and wellness.

One such topic will be abnormal Pap smears. "Five million women in the US alone, each year, are faced with the news of an abnormal Pap smear, which can be frightening," says speaker Karen Smith-McCune, assistant professor, ob/gyn and reproductive sciences. "However, the Pap smear is an excellent way to detect early changes that might lead to cervical cancer, and is very useful in cancer prevention and cure."

Another subject to be addressed is breast cancer. "Most lumps and abnormalities do not turn out to be cancer," says speaker Laura Esserman, assistant professor, surgery. "New techniques for diagnosis are less invasive than surgical biopsy. If you do have a new diagnosis of cancer it is not an emergency. You should take the time to get informed about your options and make a decision about therapy that is right for you."

Other topics will include HIV and women, osteoporosis, pregnancy over 35, PMS, menopause and weight management. "Most women spend their lives in a state of dissatisfaction with their bodies," says speaker Dianne Budd

(See **2000** *on page 2)*

Partnership offers managed care plan to Medi-Cal patients

By ALICE TRINKL

A pioneering managed care provider organization has been formed in San Francisco to provide services for the city's Medi-Cal population.

The Provider-Health Department Organization (PHO) is an affiliation of SFGH, UCSF, the San Francisco Department of Health, and the Clinical Practice Group (CPG). The provider organization has entered into a Medi-Cal managed care contract with PacifiCare of California, a Southern California-based health maintenance organization (HMO).

Medi-Cal patients enrolled as PacifiCare members will be seen at a clinic at SFGH and two clinics in the SF Department of Health's Primary Care Network. Physicians from the CPG will provide the medical care for enrollees.

The CPG is composed of UCSF physicians who care for patients at SFGH as well as physicians in the Department of Health's Primary Care Network.

The PacifiCare contract was announced on February 7 by the four spokespeople for the PHO: Richard Cordova, SFGH executive director; Elliot Rapaport, associate dean, UCSF School of Medicine at SFGH; Sandra Hernandez, director, SF Department of Health; and Merle Sande, chair of the CPG.

"This is truly a milestone event for us along the path to managed care," said Cordova. "We are committed to becoming a major player in the new competitive market place. Our remodeled hospital nursery will open this month, and we are moving rapidly to revamp patient waiting areas. We will maintain our

(See **SFGH** *on page 3)*



Allen J. Balderson

Breaking ground for the new SFGH parking garage are, left to right, Orestes Matteoni, who lives directly across the street from where the structure will be built; Frederick Jordan, president, Parking and Transportation Commission; Arthur Jackson, president, Health Commission; Mayor Frank Jordan; Sandra Hernandez; and John E. Newlin, director, Department of Parking and Traffic.

After three mayors and four directors of public health, SFGH finally will get a parking garage

Orestes Matteoni, an 84-year-old resident of the Mission, feels it is a dream come true. Others consider it a history-making event, an incredible achievement, even the "Super Bowl of SFGH." What's all the hubbub about? A parking garage.

"There's quite a history that goes along with this groundbreaking," said Richard Cordova, executive director of SFGH, at the event on January 31. "Ever since I came here several years ago, I've been working to get a parking garage."

"Not having adequate parking at SFGH has been a major concern of people for years," says Vice Chancellor Bruce Spaulding, who represented Chancellor Martin at the event. Finally, in what groundbreaking speakers called "a real partnership with the community," a six-story parking garage will be built at 24th and Utah. The MUNI garage presently located there will be demolished and a garage able to accommodate 811 parking spaces will go up in its place. "We're dedicated to getting this garage built within budget [$12 million] and on time [completion July '96]," said Sandra Hernandez, director of the SF Department of Public Health. When completed, the structure will take up about 75 percent of the block. If needed, the garage can be expanded to take up the entire block and accommodate 1,200 parking spaces.

Gazette

Honors & Awards



Luft

Harold S. Luft, Institute for Health Policy Studies: Member, National Advisory Council for the Agency for Health Care Policy, Research and Evaluation, Department of Health and Human Services.

Nelson Artiga, Family Dental Center, restorative dentistry, dental public health and hygiene: Honorary professor, School of Dentistry, University Salvadoreña Alberto Masferrer in San Salvador, El Salvador.



Artiga



Koerper

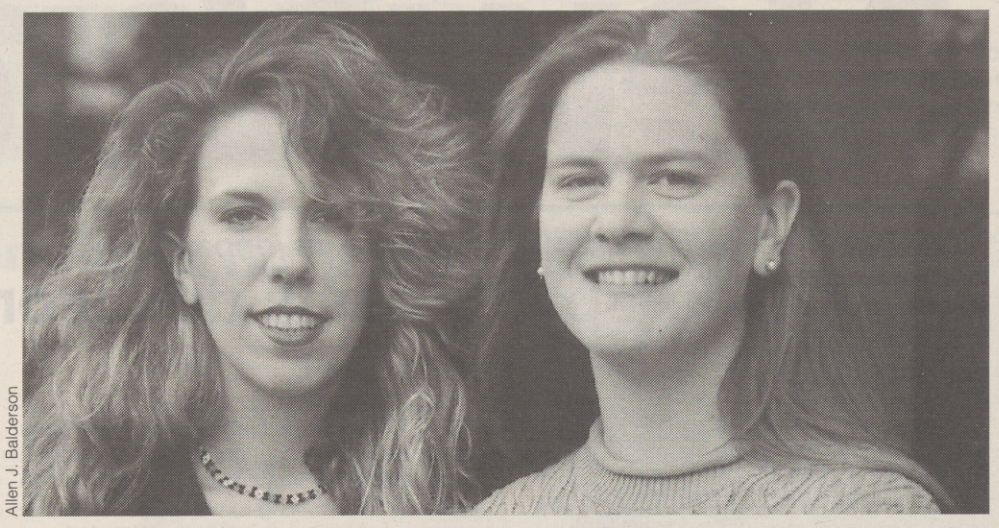
Mary Anne Koda-Kimble, clinical pharmacy: Distinguished Achievement Award in Clinical/Pharmacotherapeutic Practice, Academy of Pharmacy Practice and Management, American Pharmaceutical Association.

Marion A. Koerper, pediatrics & Hemophilia Treatment Center: Medical vice president, National Hemophilia Foundation.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Lisa A. Bero, Institute for Health Policy Studies: Received $280,517 from the Robert Wood Johnson Foundation for 30 months to support an evaluation of the quality and sponsorship of research on environmental tobacco smoke.



Allen J. Balderson

Dietetic interns receive awards

MaryBeth Olszewski, left, and Suzanne Perks, dietetic interns in Nutrition and Dietetics, recently were honored for their work. Olszewski received a Westchester Rockland Dietetic Association scholarship and an award for excellence given to a graduating senior from Marymount College in Tarrytown, New York. Perks was recognized by the American Dietetic Association as the Outstanding Undergraduate Dietetic Student for New York State. She came to UCSF from Cornell University in Ithaca, New York.

AIDS *(from page 1)*

improvements. Coates will head the review of behavioral science.

He believes that what is more vulnerable are the prevention and care programs in the community, including the Ryan White Program. There is serious talk of "block granting" as well. This would allow the federal government to clump together various programs, such as all the funding for the CDC's programs, all of the mental health programs and all the substance abuse programs. It then would give the state a lump sum of money, and the state would decide how best to use it. Coates says the question is, "Will the state use the money wisely?"

"It has taken a lot of time and effort to get the federal government to fund important prevention programs. In block grants, money no doubt will be cut, and we then have to get each state to individually have good programs," says Coates. "I think it's a recipe for disaster. We need more federal direction to ensure sound programs." Many important advances in social policy and public health have occurred because of more, not less, federal oversight, says Coates. "One need only think of desegregation and environmental laws to cite two important examples."

But, there is another issue, one that concerns Coates even more: managed care. It might not be possible for UCSF to care for AIDS patients using plans now under negotiation with some managed care companies. "It's a travesty," says Coates. "The University is being driven by the current health care market place. But, it is such an injustice." Insurers want to provide the least expensive care to AIDS patients and major medical groups may not be able to take the risk of caring for them, says Coates. "If Ryan White is removed, we will have a whole class of people who will be disenfranchised," says Coates. "Where is the safety net? There will be none." Coates adds that people with HIV who do not have an AIDS diagnosis will not have access to life-saving and life-enhancing medical care if Ryan White is cut.

> *"If Ryan White is removed, we will have a whole class of people who will be disenfranchised."*
>
> — Thomas Coates, director, CAPS

"On the basic science end we might be okay. On the community prevention end we might be in trouble, and on the clinical care end we might be in serious trouble," says Coates.

Coates is one of seven members, including CAPS' Barbara Marin, who have just been appointed to conduct a review of AIDS research for the Office of Technology Assessment.

Paul Volberding, director of the AIDS Program at SFGH, thinks HIV patient care right now is reasonably well supported by the federal government. "But it's frightening to think that the basis for that support will be dramatically changed. Expected federal cuts will be devastating." AIDS has not been in the news as much recently, which causes some people to think it's not as dangerous as it used to be. "But, that is just not the case," Volberding says. He shares Coates' opinion of block granting because he fears the states will use the money for other purposes.

"On the other hand, this still is a period of real excitement in terms of current research studies and the knowledge being gained by scientists on the biology of the virus," Volberding says. He feels the protease inhibitor trials at SFGH are looking very promising.

AIDS researcher Donald Abrams, however, cautions that while there is a lot of excitement about these various new agents, only time will tell. Even the most promising preliminary data is no guarantee of eventual success. "We've seen so many of these blips appear on the screen and then fade out. All we have now is a glimmer and a hint," he says.

In the next issue of *Newsbreak*, you will hear from Jay Levy, an AIDS researcher who was one of the first to identify the virus and who is a pioneer in studying long-time HIV survivors and the crucial role CD8 cells may play.

Helpful, unhelpful behaviors for friends, family of AIDS patients

Friends and family of persons with AIDS can be invaluable sources of strength and support for those afflicted, but they also may unintentionally say or do things that are unhelpful or offensive.

Many times, the friends and families of persons with AIDS (PWAs) are uncertain or confused about how they can provide the most helpful support to their afflicted loved ones. Published in a recent issue of the London-based *AIDS Care Magazine,* a UCSF study, led by CAPS researcher Robert Hays, identifies helpful and unhelpful behaviors from the PWA's perspective, and offers guidance for those who care yet are unsure how to offer support to someone with AIDS.

Although just as serious as other life-threatening diseases, Hays says, "there is much more stigma, discrimination and moralizing associated with AIDS than with most illnesses." PWAs are very sensitive to how they are being judged and treated by members of their social network, says Hays. What follows are the helpful and unhelpful behaviors:

Helpful

- Express love or concern;
- Serve as a confidant to express feelings;
- Provide encouragement;
- Provide an opportunity for reciprocity;
- Provide a philosophical perspective;
- Interact naturally;
- Act as a role model;
- Provide companionship or enjoyment
- Offer practical assistance
- Provide information or advice
- Provide material aid
- Offer support to other members of the social network.

Unhelpful

- Avoiding expressions of feelings;
- Breaking confidentiality;
- Acting embarrassed or ashamed;
- Expressing pessimism;
- Criticizing PWA's medical care;
- Criticizing PWA's response to AIDS;
- Being patronizing or overprotective;
- Making unreasonable demands;
- Acting judgmental;
- Avoiding interaction;
- Rude/insensitive comments or actions.

Drug to prevent AIDS wasting

Researchers at SFGH are launching a clinical trial using the drug thalidomide as a potential therapy for AIDS-associated wasting. The drug, which recently has shown promise in treating a number of ailments, will be tested in up to 25 patients. Thalidomide is a relatively inexpensive oral agent that attacks the wasting syndrome by a different route than hormonal therapies, says Morris Schambelan, principal investigator of the study.

Thalidomide was banned in the US in the 1960s because it was found to cause severe birth defects, including missing limbs. However, according to endocrinologist Kathleen Mulligan, who also is working on the study, it does not cause deformities in adults. Women capable of becoming pregnant will not be included in the trial. For further information, call Wendy Pagett at 206-3319.

Predoctoral students eligible for ACRC funds

The UCSF AIDS Clinical Research Center (ACRC) announces that predoctoral students now are eligible to apply for ACRC grants. Applications must be submitted on the basis of being under the aegis of a senior faculty member who is working in the field. Awards will be of two types — a monthly stipend for a short-term project and a larger stipend for a student wishing to devote a year to the project.

Meanwhile, funds also are available from the ACRC and the UCSF Center for AIDS Research (CFAR) for HIV/AIDS pilot studies. Deadline for the next funding cycle is Friday, Mar. 31. Applicants may submit studies in the basic sciences, epidemiology, behavioral sciences, as well as clinical trials.

For further information, call Layne Ethington at 476-8857.

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of the Women's Health Access. "Is the 'ideal body' a realistic and attainable goal? Research is telling us more about what is and is not open to modification."

Cost to attend the forum is $35. Child care will be provided for children aged 2 through 11 if participants register by Thursday, February 23. Pre-registration is required by Wednesday, March 1, by calling 591-9004.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover February 25-March 10, will be on **Tuesday, February 14, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Lisa Cisneros (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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Nursing school receives grant to increase number of nursing masters students

The number of nursing master's-level nurse practitioner students at UCSF will increase thanks to a five-year, $550,000 grant from the Kaiser Permanente Community Fund to the School of Nursing .

The funds will be used to support new UCSF nursing faculty members, in turn increasing the number of students trained to become family or women's health nurse practitioners.

"This grant comes at a time when there are more openings for jobs than there are available nurse practitioners," says Diana Taylor, director of the School of Nursing's Women's Primary Care Program. Taylor will oversee the grant and its activities, while Catherine Gilliss, chair of the Department of Family Health Care Nursing, will help coordinate project activities.

The new grant also will support pilot testing to develop a curriculum for distance learning, for example through audiovisual technology and teleconferencing.

The School of Nursing has been a pioneer in the education of nurse practitioners in primary health care for more than 25 years. The School has seven specialty programs that prepare more primary care providers than any other program in California. UCSF prepares students to specialize in adult and family care, pediatrics, geriatrics, women's health, midwifery and occupational medicine.

This campus is the only UC site to provide education for women's health nurse practitioners, graduating more than 200 students in this specialty since 1976. Forty to 50 percent of UCSF's nurse practitioner students in Women's Health are completing preceptorships at Kaiser Permanente Medical Centers throughout Northern California, and at least 40 percent eventually become employed by Kaiser, according to Taylor.

Kaiser Permanente has historically recognized the need for education and training of advance practice nurses to improve health care delivery and access for their subscribers. The Northern California region of Kaiser Permanente employs about 400 nurse practitioners, with the highest percentage of nurse practitioners employed in women's health services.



Allen J. Balderson

At a recent luncheon recognizing the gift from Kaiser are (left to right) Chancellor Joseph Martin; Deloras Jones, nursing consultant for Kaiser Permanente's Northern Region; Diana Taylor; and Jane Norbeck, dean of the School of Nursing.



Allen J. Balderson

Exhibit looks at Japanese medicine

If you haven't been on the first floor of the library lately, you should treat yourself to an exhibit now on display there, courtesy of the library's East Asian collection and Paul Wakeford, coordinator of resource management, who is in charge of the exhibit. On display are Japanese wood block prints, all medically related, dating anywhere from the 16th to the 19th century. According to Paul, the exhibit will change every three months or so and will feature up to 20 prints out of a total collection of 450. "Almost all of the prints focus on Japanese medicine, drugs, drug advertising, plus a few have Chinese overtones," says Paul. Above is an illustration by Kuniteru entitled "Tainai jukkai no zu" or "The Picture of 10 Worlds in a Body." The print shows the abdomen with two majors roads, that of good and of evil. One of the lessons is don't harm any insects. If you do, you gradually will become accustomed to treating small things badly, lose the merciful mind in your treatment of mankind and finally do some great evil.

Poster contest aims to help prevent lead poisonings in children

By RUTHANN RICHTER

Lead has been described by health experts as the number one environmental health threat to children in the US, with millions of youngsters at risk for lead-related health problems. Studies have shown that even children exposed to relatively low levels of the metal can suffer developmental delays, reduced IQ's, speech and language handicaps and behavioral problems.

To heighten awareness of the problem, the San Francisco Bay Area Regional Poison Control Center's 1995 children's poster contest will carry the theme, "Prevent Lead Poisoning in Your Home." This year's contest has been expanded to encompass six of the 10 Bay Area counties served by the poison center: Alameda, Contra Costa, Mendocino, San Francisco, San Mateo and Sonoma counties, according to Elise Stone, UCSF health educator for the poison center.

The contest is open to fourth- and fifth-grade youngsters, who are encouraged to design bold and colorful 11-by-17-inch or 12-by-18-inch artworks that illustrate the theme. For instance, posters could show the need to wipe shoes before entering the house to keep out lead-contaminated soil or to avoid scraping off house paint that may contain lead, Stone says.

Each county will select a first-place winner, who will receive a $75 savings bond, and a second- and third- place winner, each of whom will receive a $50 savings bond. One Bay Area grand prize winner will be awarded a $100 savings bond. The grand prize judging will be done by San Francisco sculptor Ruth Asawa, Artist-in-Schools' Aiko Cuneo and a representative from each county.

The grand prize winner and a number of the San Francisco posters will be displayed on the second floor of the Main Public Library at the San Francisco Civic Center from March 11 to 31. The contest highlights National Poison Prevention Week, which runs from March 19 to 25.

San Francisco's entries should be dropped off or mailed by Tuesday, Feb. 28, to Renee Cheney-Cohen, Childhood Lead Poisoning Prevention Program, 680 8th St., Suite 200 (near Townsend), San Francisco, CA 94103. For information on deadlines and where to send entries in other counties, call Elise Stone, 206-8554.

Dentists battle epidemic of baby bottle tooth decay

By RUTHANN RICHTER

The new SFGH Family Dental Center is fighting an epidemic — baby bottle tooth decay. At least half of the children ages three or older who visit the center are afflicted by baby bottle tooth decay, says Francisco Ramos-Gomez, director of pediatric dentistry at SFGH. The condition, while it is far from new, is particularly prevalent in the Latino, Asian and African-American communities, with recent UCSF studies among minority children in Oakland and Stockton showing incidence rates of between 26 and 43 percent, he says.

The condition results from a common practice of putting babies to bed with a bottle containing chocolate milk, juice or a sugared drink, he says. The sugary fluid rests in the baby's mouth during the night leading to rapid tooth decay. As early as age two, the baby's first teeth may have rotted away, forcing the child to undergo tooth extractions or restorations.

"The problem is painful for the child, expensive for the parents [from $500 to $5,000] and has long-term implications," says Nelson Artiga, director of the center.

Early tooth decay can slow a child's speech development, hamper his or her ability and desire to eat and cause the child undue pain. A child who loses his or her teeth early is more apt to have adult teeth that grow in crooked, damaged or discolored, Artiga says. Expensive braces may be required later on, he said. "If we spend just $5 on prevention, think how much we can save," Ramos-Gomez says.

Dentists at the center are taking an active approach to such problems. They suggest that instead of putting babies to bed with a sweet drink, the parents should consider singing them a song, reading them a story, holding and rocking them or giving them a bottle with water only. They also recommend fluoride supplements and daily brushing or cleaning of the child's teeth with a washcloth.

Pediatricians and ob/gyn physicians and nurses also should be suggesting to their patients ways to prevent dental disease, adds Ramos-Gomez.

The center has expanded its pediatric program. "We focus on the family and look at the child's social, cultural and physical well-being," says Ramos-Gomez. "Besides the problems with eating and digesting, gastrointestinal problems and diarrhea, the child's mother may have to miss work and her job may be at risk. The family could spend too much time in the ER dealing with the child's pain. And all that comes from a tooth."



Allen J. Balderson

Two-year old Yoany has a classic case of baby bottle tooth decay with 16 out of his 20 primary teeth infected. With him during one of his many visits are, left to right, fourth-year dental student Greg Guyman, Francisco Ramos-Gomez, and dental assistant Esperanza Urista.

The expansion includes bringing fourth-year dental students and third-year pediatric dental residents from Parnassus to SFGH, which has greatly shortened the waiting times for children's appointments.

The clinic, located on the second floor of Building 20, is open from 9 a.m. to noon and 1 p.m. to 4:30 p.m. every day. For information and appointments, call 476-5692.

SFGH *(from page 1)*

excellence in clinical care, adding it to a new commitment to customer service."

The contract with PacifiCare is for one year. By December 1995, all hospitals that care for Medi-Cal patients must be enrolling those patients through a managed care program, Cordova said. Although the initial enrollment for the PacifiCare contract will be for Medi-Cal Aid to Families with Dependent Children (AFDC) patients, all categories of Medi-Cal patients will be recruited in the future.

"Our goal is to continue to care for the Medi-Cal population we serve in local San Francisco neighborhoods and to enhance patient satisfaction throughout the department's health care delivery system," explained Hernandez.

Managed care patients will be covered by PacifiCare at a "capitated" rate for all of their care. Capitation means the provider of health care, in this case the PHO, receives a specified amount of money per month from the HMO for each patient who is enrolled.

The incentive for all managed care programs is to give quality patient care efficiently at the lowest possible cost while emphasizing preventive primary care. Referral to specialized procedures will be supervised by the patient's primary care physician, said Rapaport.

Both Rapaport and Sande hailed the signing of the first managed care contract as a "major step in the PHO's development."

PacifiCare actively will be marketing in the coming weeks and will begin enrolling patients by March 1. The managed care program will be offered at three sites — the new SFGH Clinic in Building, 23rd St. and Potrero; the Potrero Hill Health Center, 1050 Wisconsin; and Health Center #3, 1525 Silver Ave.

The Medical Center also is moving Medi-Cal patients into managed care health plans. *See story on page 8.*

Today/Tomorrow

11 Saturday

BLACK HERITAGE MONTH EVENTS CONTINUE

UCSF continues to celebrate Black Heritage Month with the following events co-sponsored by the UCSF Black Caucus.*

♦ Wed., Feb. 15: *Discrimination in Medicine: Why We Can't Tolerate it Any Longer.* Denise V. Rodgers, Fam. Comm. Med., SFGH. A Brown Bag Lecture sponsored by Public Service Programs. HSW 300. Noon.*

♦ Thurs., Feb. 16: *Black, Female and Proud: A Survivor.* Victoria King, author and attorney, shows how racist and sexist myths about African-American women continue to be fostered in the US. Sponsored by the Rape Prevention Education Program. Toland Hall. Noon.

♦ Thurs., Feb. 23: *Skin Deep: Women on Color, Culture and Identity.* Elena Featherston, womanist, writer and lecturer, discusses colorism and cross-racial hostility and how communities of color should abandon destructive behaviors. Sponsored by Women's Resource Center. Toland Hall. Noon-1:30 p.m.

BASIC AUTO REPAIR

Women Empowering Women tradespeople teach how to repair your own car. Sponsored by Women's Resource Cntr. $45-$60. Entrade, 2830 Ninth St., Berkeley. 9 a.m.-4 p.m. Call 476-5222 to pre-register.*

13 Monday

UCSF MEDICAL GROUP/SENIORITY PLUS SENIOR LECTURE SERIES: *Urinary Incontinence: Not an Inevitable Result of Aging.* Janis Luft, Ob/Gyn. Herbst Hall, UCSF/Mount Zion. 10-11 a.m. Call 476-0373.*

PRIMARY CARE & HEALTH PROFESSIONS SEMINAR SERIES: *Building a Comprehensive Medical School Program for Primary Care Education.* Tom Irons, East Carolina School of Medicine, Greenville, NC. Sponsored by Cntr. for the Health Professions and Fam. Comm. Med. MU 314E. 3-4:30 p.m. Call Serena Seifer at 476-4465 for details.

14 Tuesday

LECTURE SERIES ON LATINO ISSUES

The UCSF Hispanic Nurses Association sponsors a lecture series focusing on Latino issues, ethnic studies and health. N 721. Noon-1:30 p.m. Call 476-1805 for more information.*

♦ Tues., Feb. 14: *The Myths of Latino Culture & Identity or "Will the Real Latino Please Stand Up?"* Alex Saragoza, Ethnic/Chicano Studies, UCB.

♦ Mar. 7: *Acculturation and Alcoholism in Latino Communities.* Jose Cuellar, Ethnic Studies, SF State.

THE NEWLYWED GAME

UCSF's version is hosted by Bay Area comedienne Marilyn Pittman. This EMPACT!-sponsored event features UCSF couples and promises to be loads of fun. Bring your lunch and laugh with your co-workers. Cole Hall. Noon.*

15 Wednesday

BROWN BAG LECTURE SERIES: (See Black Heritage Month events.)*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Childbirth Choices: Options for Labor & Birth.* Video presentation of *Special Delivery* and discussion about planning for your baby's birth. A 326. 7-8:30 p.m. Call 476-6667.*

INSTITUTE OF HEALING ARTS & SCIENCES WORKSHOP: *Learn to Color Mandalas for Healing.* Ariosto J. Coelho. 6:30-9:30 p.m. Call 330-5353 for price information and location.*

16 Thursday

MISSION CENTER BROWN BAG LECTURE SERIES: *FIT Talk.* Lori Martinez-Hassett, Millberry Fitness Center, explains the ABCs of exercise and nutrition. Sponsored by Public Service Programs. Rm. 125, Mission Center Bldg., 1855 Folsom. Noon. Call 476-4394 for information.*

ARTS & PERFORMANCES COLE HALL CINEMA: *Bullets Over Broadway.* Children 14 & under $2; UCSF students & Millberry members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.) Call 476-2542.*

ADVENTURE TRAVEL

Bicycling & Walking In Italy. Carol Siobaldi, Ciclismo Classico, presents this program on bicycling and walking through the culture and backroads of Tuscany, Umbria, the Dolomites, Sicily, Sardinia and more. Sponsored by Outdoors Unlimited. Millberry Conf. Cntr. 7 p.m. Call 476-2078 for more information.*

17 Friday

CHINESE HEALING

The Institute of Healing Arts & Sciences co-sponsors with the Qigong Institute the following lecture/demonstrations. Donations: Free for Qigong Inst. members, $5 for students/seniors, $7 all others. HSW 300. 7:30-9:30 p.m. Call 788-2227 for more information.*

♦ *Oriental Medicine: Without Medication.* Janet Wu, selfcare & Qigong specialist, briefly presents the concept and philosophy of Chinese healing.

♦ *Preventing Cancer & Chronic Illness Naturally.* Tom Wu, selfcare & Qigong specialist, discusses life currents in relationship with body organ functions, the causes of disease and techniques to achieve balance.

ARTS & PERFORMANCES COLE HALL CINEMA: *Bullets Over Broadway.* Children 14 & under $2; UCSF students & Millberry members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

18 Saturday

MIDLIFE & MENOPAUSE

Midlife & Menopause: A Fitness Plan for Life. Leora Myers, fitness consultant and personal trainer, presents this lecture and demonstration focusing on the physical and emotional transitions of midlife and menopause. Sponsored by Women's Resource Cntr. $35. S 20.1-3:30 p.m. Call 476-5222 to pre-register.*

21 Tuesday

MOUNT ZION BROWN BAG LECTURE SERIES: *Home Management for Professional People.* Dee Vance, home management consultant, teaches a system to help you gain control over daily mail and paper clutter and how to involve the whole family. Sponsored by Public Service Programs. Herbst Hall, UCSF/MZ. Noon. Call 476-4394 for information.*

TOWN HALL MEETING

Chancellor Joseph Martin and other administrators meet with employees to answer questions about UCSF at this informal gathering. Aud., VAMC. Noon.

22 Wednesday



BROWN BAG LECTURE SERIES: *Sports Medicine: From Injury to Recovery.* John P. Belzer, Ortho. & Sports Med., discusses common injuries and surgical and rehabilitative options. Sponsored by Public Service Programs. HSW 300. Noon. Call 476-4394.*

23 Thursday

TAY-SACHS SCREENING: Tay-Sachs screening for pregnant couples. Sponsored by the Reproductive Genetics Clinic and part of the California Tay-Sachs Disease Prevention Program. Suite 810, 350 Parnassus. Opens 9 a.m. Call 731-1070 for an appointment and more information.*

BLACK NURSES WORKSHOP, SYMPOSIUM

The ninth Annual Black Nurses Symposium and Workshop on Nursing Education sponsored by the School of Nursing. Call Joann Ray at 476-4897.*

♦ Thurs., Feb. 23: Workshop. Topics include "Career Mobility: Everything You Always Wanted to Know but Could Never Ask" and "Strategies for Negotiating the System." Designed for students in a nursing program. Cole Hall. 1-5 p.m.

♦ Fri., Feb. 24: Symposium — *Disparity in Health Outcomes for African Americans: Closing the Gap Through Research and Primary Care.* Topics include "Health Care Reform or the Status Quo for African Americans?" and "Closing the Gap through Primary Care." Students (with ID) & UCSF faculty, $35. General public, $65. Calvin Simmons Auditorium, Henry J. Kaiser Convention Center, Broadway & 10th Street, Oakland. 8 a.m.-4 p.m.

ARTS & PERFORMANCES COLE HALL CINEMA: *Interview with the Vampire.* Children 14 & under $2; UCSF students & Millberry members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. (Movies subject to change.) Call 476-2542.*

24 Friday

INSTITUTE OF HEALING ARTS & SCIENCES: *Spirituality, Prayer and Healing.* Pauline Holmes. N 721. Noon-1 p.m. Call 330-5353.*

ARTS & PERFORMANCES COLE HALL CINEMA: *Interview with the Vampire.* Children 14 & under $2; UCSF students & Millberry members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 9 p.m. (Movies subject to change.) Call 476-2542.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Pre-Supervisory Training. Wed. & Fri., Feb. 15, 17, 22, 24. 9 a.m.-noon. $90.

Communicating with Confidence: A Workshop for Non-Managers. Wed., Mar. 1, 8. 9 a.m.-12:30 p.m. $75.

Coaching/Motivating/Delegating. Fri., Mar. 3. 8:30 a.m.-4 p.m. $90.

Post-Award Management of Extramural Funds. Tues., Mar. 7, 14. 8:30 a.m.-12:30 p.m. $60.

Supervisor's Guide to Performance Evaluation. Thurs., Mar. 9. 8:30 a.m.-4:30 p.m. $40.

Contracts & Grants Workshop. Fri., Mar. 10. 9 a.m.-noon. $40.

Medical Terminology: An Introduction. Tues., Mar. 14, 21, 28, Apr. 4. 2-4:30 p.m. $90.

Processing Independent Consultant Agreements (ICAs). Wed., Mar. 15. 9 a.m.-noon. $40.

Interviewing: Hiring Winners. Thurs., Mar. 16. 8:30 a.m.-4:30 p.m. $80.

Business Writing Basics. Tues. & Thurs., Mar. 21, 23, 28, 30. 9 a.m.-noon. $90.

Dealing with Difficult Situations. Wed., Mar. 22. 8:30 a.m.-12:30 p.m. $55.

The UCSF Budget Process. Wed., Mar. 29. 9 a.m.-4:30 p.m. $40.

Critical Thinking Skills. Tues., Mar. 28, Apr. 4, 11, 18, 25. 8:30 a.m.-noon, except Mar. 28, 8:30 a.m.-4:30 p.m. $200.

THE NEXT DEADLINE

Tues., Feb. 14, 1995 is the deadline for items to be listed in the next calendar, which covers **Feb. 25-Mar. 10, 1995** (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, send a fax to 476-3541, bring it to UCSF/Laurel Heights, 3333 California St., Suite 103 or call 476-3257.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251. To register call 476-5808 unless otherwise noted.

Emotion, Memory, Attachment: An Integrated Model for Therapy. Laurel Heights Conf. Cntr. Mar. 11.

Diabetes Update. Ritz-Carlton, SF. Mar. 16.

Advances in Endocrinology and Metabolism. Ritz-Carlton, SF. Mar. 17-18.

Annual Review in Family Medicine: Controversies and Challenges in Primary Care. Hotel Nikko, SF. Mar. 29-31.

Family Practice Board Review Course. Hotel Nikko, SF. July 10-13.

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call 476-5222 for more information.

Personal Safety, Rape & Assault Prevention Presentations. By appointment to campus departments & employees in the workplace.

Support Group for Rape Survivors. Heal from the trauma of sexual assault through open dialogue, sharing the experience and information. Ten consecutive weekly sessions. Intake interview required. Date and time to be arranged. $180.*

AIDS/HIV SUPPORT

Anonymous & confidential caring, support & training for people with AIDS, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project, unless otherwise noted. Call 476-6430 for administrative office. Call client services at 476-3902 to schedule required intake interviews for groups (except drop-in group).*

Individual Risk Assessment & Referrals. By appointment.

Facilitated Ongoing Groups. For persons with HIV/AIDS and for caregivers, including a group for women caregivers.

Facilitated Time-Limited Groups. For HIV- gay and bisexual men, for HIV+ asymptomatic persons and for HIV+ heterosexual African-American men.

Monday Night Drop-In Group for HIV+/PWA. Call 476-3902 for location.

Drop-in Support Group for Women Living with HIV/AIDS: Meets every Monday. Free child care and beverages provided. Sponsored by Woman & Children Specialty Program. A 45. 11 a.m.-1 p.m. Call 476-2417 or 476-7795.*

CPR TRAINING

Basic CPR. A 3-4 hour course in basic cardio-pulmonary resuscitation sponsored by the UCSF CPR Center. For information & registration call 476-1817.*

BEAR-LY NEW THRIFT SHOP

The Bear-ly New Thrift Shop is open for shopping and donations. They accept clothing, housewares, jewelry, dry goods and more. No furniture. Part of the proceeds benefits the Hospitals Auxiliary for pediatric and patient amenities. 1752 Fillmore St. between Sutter & Post. Hours: 11 a.m.-4 p.m., Tuesday-Saturday. Call 921-2789.

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call 476-5683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Class. Department of Justice certified. Pre-registration required.*

ITS COMPUTER CLASSES

Information Technology Services sponsors the following classes. Call 476-2012 for descriptions and registration forms.

♦ Fri., Feb. 17: *Introduction to Microsoft Windows 3.1.* (PC). $110. 1-5 p.m.

♦ Thurs., Feb. 23: *Beginning Excel 5.0* (Mac). $195. 9 a.m.-4 p.m.

♦ Fri., Feb. 24: *Intermediate Microsoft Word 6.0* (Mac). $195. 9 a.m.-4 p.m.

♦ Tues., Feb. 28: *Intermediate WordPerfect 6.0 for Windows (PC).* $170. 9 a.m.-4 p.m.

*Open to the public.

February 11-24, 1995

REGULAR MEETINGS & ONGOING SUPPORT GROUPS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 476-6423 for dates & locations.*

DROP-IN SUPPORT GROUP FOR WOMEN LIVING WITH HIV/AIDS: Meets every Monday. Free child care and beverages provided. A 45. 11 a.m.-1 p.m. Call 476-2417 or 476-7795.*

UCSF STAFF COUNCIL MEETING: Meets second Monday of each month. Noon-2 p.m. Call 476-5756 for more information.

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon. Call 626-5633.*

COLORECTAL CANCER SUPPORT GROUP: Meets on the second and fourth Mondays of each month. Reservations must be made at 929-7114. No drop-ins will be allowed. UCSF/Mount Zion Cancer Center, 2356 Sutter. 6:30 p.m.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

SFGH CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF/SFGH. Meets monthly at noon. Call 476-5222 for dates & location.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets first Tues. of each month. MU 111W. Noon-1 p.m. Call 566-8406.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month. Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

BREAST CANCER SUPPORT GROUP: For women diagnosed or being treated at UCSF/Mount Zion or UCSF/Parnassus. Meets every Tues. UCSF/Mount Zion Cancer Cntr., 2nd. fl., 2356 Sutter (near Divisadero). 5:30-7 p.m. Pre-registration necessary. Call 885-3693 or 388-3742.*

NURSES' PAIN ASSOCIATION MEETING. Meets the second Tuesday of the month. S 22. 5:30-7:30 p.m.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 284-0208.*

WEDNESDAY

GAY, LESBIAN, BISEXUAL ASSOCIATION AT UCSF MEETING: Meets second Wednesday of each month. Members of the Chancellor's Committee on Gay, Lesbian & Bisexual Issues will be present. Call 282-9650 for more information.

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients to share experiences, successes, concerns & anxieties. An ongoing six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

LATIN AMERICAN CAMPUS ASSOCIATION MEETING: Meets second Wednesday of each month. HSW 508. Noon. Call Al Lopez at 476-1334.

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 417. Noon-1 p.m. Call 626-5633.*

STEP-FAMILY SUPPORT GROUP: For parents & step-parents. Call Sandra Norberg at 476-6389 for dates and location.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. 3, 1st fl., MCB. 12:05 p.m. Call 621-1326 for more information.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: For women newly diagnosed with breast cancer. Meets every Wed. UCSF/Mount Zion Cancer Cntr., 2nd. fl., 2356 Sutter (near Divisadero). 5-6:30 p.m. Pre-registration necessary. Call 885-3693 or 885-7498.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. Meets every Wednesday. M 688. 7-8:30 p.m. Call 332-3425.*

CO-DEPENDENTS ANONYMOUS MEETING: A twelve-step program for people who have dysfunctional long-term relationships. Meets every Wednesday. LP 01 (LPPI basement). 8-9:30 p.m. Call 432-3529.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations.*

ASSOCIATION OF CLINICAL RESEARCH NURSES MEETING: Meets on the third Thursday of each month. M 1317. 5:15-6:30 p.m. Call 476-0683.

HEAD & NECK CANCER SURGERY SUPPORT GROUPS: Separate groups for patients and patients' families meet simultaneously on the second and fourth Thursdays of each month. UCSF/Mount Zion Cancer Cntr., 2356 Sutter, 2nd fl. 1-2 p.m. Call 885-7623.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Thursdays. 6-8 p.m. Call 775-2854 to preregister & for locations.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. Noon-1 p.m. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m. Call 621-1326 for more information.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

For information on 12-step and support groups (other than AA and Al-Anon), call the Mental Health Association of San Francisco at 921-4044.*

LIBRARY CLASSES

The UCSF Library offers the following free classes held in S 165A (EC) or 231 Library (LIB). Call 476-2337 to register.

- Tues., Feb. 14: *ENDNOTE® for the Mac.* (EC). 1-3 p.m.
- Wed., Feb. 15: *Introduction to the Internet.* (LIB). 1-2 p.m.
- Fri., Feb. 17: *World Wide Web.* (EC). 10-11 a.m.
- Tues., Feb. 21: *Current Contents.* (LIB). 1-3 p.m.
- Tues., Feb. 21: *Internet Gopher.* (EC). 4-5 p.m.
- Wed., Feb. 22: *Medline Plus I: Basics.* (LIB). 1-3 p.m.
- Mon., Feb. 27: *Medline Plus II: Advanced.* (LIB). 2-4 p.m.
- Thurs., Mar. 2: *Genomic & Molecular Biology Databases on the Internet.* (LIB). 10 a.m.-noon.
- Fri., Mar. 3: *World Wide Web.* (EC). 1-2 p.m.

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $65. To make an appointment call 476-2193 between 9 a.m. and 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations:

- Fri., Mar. 3: UCSF/Parnassus at Medical Center Way.
- Thurs., Mar. 16: UCSF/Laurel Heights, 3333 California.
- Fri., Mar. 31: UCSF/Parnassus at Medical Center Way.

Upcoming Events

Mission Health Fair offers free screenings

Free medical screenings and information will be available at a health fair on Saturday, February 25, 9 a.m. to 3 p.m. at the Mission Neighborhood Health Center.

Sponsored by the Mission Neighborhood Health Center, located at 240 Shotwell St., and the Chicanos/Latinos in Health Education at UCSF, the fair will include free physical exams, HIV testing, cholesterol screening and mammograms. For more information, call 552-3870.

Sickle Cell Center jazz concert helps send children to camp



The Northern California Comprehensive Sickle Cell Center at SFGH is hosting a benefit jazz concert on Monday, February 27, from 7 to 11 p.m. at Kimball's East in Emeryville. The show will help send children with sickle cell disease to camp this summer.

The jazz extravaganza includes a diverse line-up of artists, including the following:

♦ Calvin Keys, who was awarded the "Jazz Best" Award from KJAZ in 1991, is a guitarist with international acclaim. He will be performing with his trio.

♦ John Turk, a native of Vallejo, is known for his extraordinary, soulful performances on trumpet and piano. He has accompanied many artists, including Jimmy McCracklin, Lou Rawls, Esther Phillips and Etta James. The current music director of Glide Memorial Church, Turk will perform with a quartet.

♦ Terra Sul blends elements of jazz and pop samba, balao and other Brazilian folk rhythms. His group's new CD, "Kindness of Strangers" is available on Motown's MoJazz label.

♦ Jesse James is from Gunsmoke Records in Atlanta. He is known for his hits "I Got the Feelin,'" "Let Me Show You" and "I Can Do Bad by Myself." He will perform songs from his latest release entitled "Operator — Please Put Me Through."

♦ Congo Square is an up-and-coming group from the South Bay. They have a unique blend of rhythms and feature the highly acclaimed vocalists The Dereliks.

♦ Eddie Gale, whose love for the children at the Sickle Cell Camp led him to creating this event, is a trumpeter known for his classic and freestyle jazz. He will perform with his band.

Tickets for the event are $15. For further information call camp director Diana Lee at 206-4584.

The Sickle Cell Summer Camp has served more than 700 children since its inception in 1978. It provides an opportunity for children with the disease to experience the joy and adventure of summer camp.

Women's History Month events set for March

The theme for the 1995 Women's History Month is "Women Overcoming: Then, Now and Beyond," according to Denise Harvey of the Women's Resource Center and chair of the committee planning events this year.

The month kicks off Wednesday, March 1, with a noon Brown Bag lecture, "Totally Fearless — The Life of Dolores Huerta: An intimate Account From One of California's Strongest Labor Organizers." Sponsored by UCSF Public Service Programs, Huerta, co-founder and vice president of United Farm Workers, will speak in HSW 300.

On Wednesday, March 8, from noon to 2 p.m., women poets will read poetry in Toland Hall.

On Thursday, March 16, Janis Luft, a woman's health care nurse practitioner, will present a lecture entitled, "Women's Health Issues for the Prime Time." This lecture, slated for noon to 1 p.m. at MCB, Rm. 125, will tell women what they need to know about sexuality, heart disease, breast cancer and menopause.

Nicolette Toussaint, chair of the Task Force on Violence Against Women, will present "Why Doesn't She Leave," a lecture that will explain how social attitudes perpetuate the epidemic of domestic violence and how health care professionals can make an impact on women affected by it. The lecture will be at noon at UCSF/Mount Zion.

From Monday, March 27 through Friday, March 31, "The Clothesline Project," an interactive display created to commemorate the thousands of women who have been survivors or victims of rape or domestic violence, will be on display at various locations at UCSF sites.

For more information on these and other events slated for Women's History Month, call Harvey at 476-5836.

Gladstone lecture March 7

The J. David Gladstone Institutes present Nobel laureates in medicine Michael S. Brown and Joseph L. Goldstein, both from the University of Texas, Southwestern Medical Center at Dallas, who will give the 1995 Gladstone Distinguished Lecture in Cellular and Molecular Biology on Tuesday, March 7, at 11:30 a.m. The event will take place in the Carr Auditorium at SFGH.

Stroke prevention program on March 18

The UCSF Stroke Service and UCSF/Mount Zion Center on Aging invites the public to attend a free program on stroke and stroke prevention on Saturday, March 18, from 8:30 a.m. to 12:30 p.m. Rm. N 225.

Topics for discussion include causes and risk factors of stroke and how to prevent it with nutrition. Seating is limited.

Call 750-4109 by Friday, March 10, for reservations.

"Health Sciences, Heterosexism, and Homophobia" April 22

"Health Sciences, Heterosexism, and Homophobia" is the name of a conference to be held on campus on Saturday, April 22.

The conference will include speakers from around the country.

Keynote speaker Katherine A. O'Hanlan is associate director of gynecologic cancer surgery at Stanford. A lesbian and gay rights activist, she is the author of the Benefit Parity Bill at Albert Einstein College of Medicine/Montefiore Medical Center in New York, which made Einstein the first medical center to offer domestic partner medical insurance. She also wrote a similar bill at Stanford, making it the first university to offer equal benefit packages to employees regardless of sexual orientation.

O'Hanlan has been researching endometrial cancer, and for her work has received the first grant to study its prevention in high-risk women. She is co-author of the book *Natural Menopause*, which has been rated a "best seller" by the *San Francisco Chronicle*.

Other speakers will include Joanne M. Hall, assistant professor, University of Wisconsin, Milwaukee School of Medicine; Dean Hamer, chief of the Section on Gene Structure and Regulation in the Laboratory of Biochemistry, National Cancer Institute; Gregory M. Herek, research psychologist, UC Davis; Vickie M. Mays, professor of psychology, UCLA; Gary Remafedi, director of the Youth and AIDS Projects and assistant professor, pediatrics, University of Minnesota; and Patricia E. Stevens, assistant professor, University of Wisconsin, Milwaukee School of Nursing.

For further information, call Rich Beatty at 282-9650, e-mail him at rich@radlab.ucsf.edu or write him at Box 0909.

"Take Your Daughters to Work Day" April 27

Get your department involved in planning a program for this special day — Thursday, April 27 — for girls ages 9-18. Sponsored by Committee on the Status of Women and Public Affairs. Call Katherine Riordan, Public Affairs, at 476-0729 to sign up.

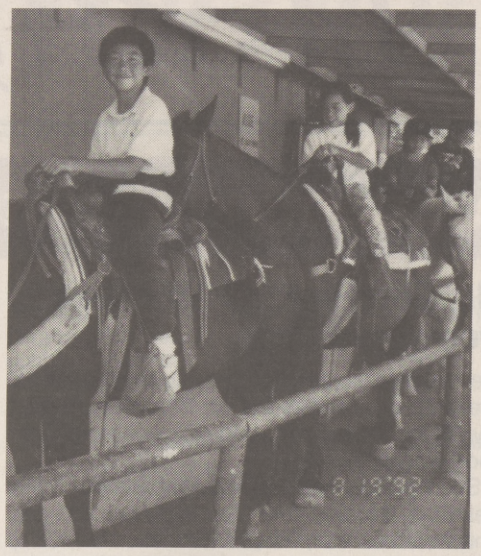
Fun Zone

Summer outdoor camps

It's not too early to start planning your child's summer!

Millberry Outdoor Programs at UCSF is offering summer day camp programs for children ages six to 13. Traveling camps take your children to exciting places for guided explorations and hands-on tours throughout the Bay Area. Activities include tide pooling, rock climbing, horseback riding, theater games and arts and crafts.

The programs run in 12-week sessions, Monday through Friday, from 8 a.m. to 5 p.m. beginning June 19. Registration starts Tuesday, March 28, at the Millberry Fitness Center. Fees range from $250 to $410. For more information, call 476-0417.



Horseback riding at camp

UCSF Newlywed Game

Don't miss the UCSF Newlywed Game hosted by Bay Area comedian Marilyn Pittman. This special Valentine's Day event will begin at noon, Tuesday, February 14, at Cole Hall. Bring your bag lunch and be ready to laugh with friends and co-workers.

Practice volleyball skills

Review rules and learn strategies at a volleyball skills workshop Friday, February 24, from 6:15 to 8:45 p.m. Register at the Millberry Fitness Center. For more information, call 476-1115.

Summer theater camp

Children ages nine to 14 can learn how to create original theatrical productions with members of the San Francisco Mime Troupe in a summer theater camp that offers a creative and challenging experience. Two sessions start Monday, August 7. The fee is $350 for staff. For more information, call Arts & Performances at 476-6761.

UCSF night at California Academy of Sciences

UCSF's free night at the California Academy of Sciences will be Tuesday, March 7, from 6 to 9 p.m.

UCSF employees and students and their families will be able to tour the Academy, which is actually three attractions in one: the Natural History Museum, Morrison Planetarium and the Steinhart Aquarium.

Tickets are limited to six per UCSF employee or student and are available at the Millberry Central Desk and through EMPACT! satellite representatives.

The Academy is located in the Music Concourse in Golden Gate Park. For further information, call 476-2675.

Royer Award

Nominations are being accepted for the Doctor J. Elliott Royer Award, which will be presented this year by UC to an East Bay or San Francisco physician for outstanding contributions in psychiatry.

This award alternates each year honoring physicians in psychiatry and neurology. Established under an endowment from Royer's estate, the award includes a grant of about $40,000.

Nominations must be received no later than Tuesday, February 28.

Letters of recommendation citing reasons for the nomination and a current curriculum vitae should be submitted to the Royer Committee, Office of the Dean, School of Medicine at Box 0410.

Exceptional service award

Nominations are being accepted for the Chancellor's Award for Exceptional University Service. This award recognizes long-term staff employees who have consistently performed in their University positions at a level beyond what is ordinarily expected.

Nominations must be received by Friday, February 17, to Human Resources, Box 0832.

The award includes a certificate and check for $2,000 which will be presented at the Founders Day Awards Luncheon on Wednesday, April 19. Nomination forms and criteria have been distributed to campus administrators. Additional forms may be obtained from Human Resources, the Chancellor's Office or by calling Joanne Fraysse at 476-4285.

Chancellor's public service award

Nominations are being accepted from the campus community for the 1995 Chancellor's Award For Public Service.

Nominations must be returned to the Chancellor's Award for Public Service Committee, c/o Public Affairs, Box 0462, by 5 p.m. on Wednesday, February 15.

The purpose of the award is to recognize and reward faculty, students and staff who have performed extraordinary community service. Candidates must demonstrate outstanding public service beyond the scope of their normal job duties or student requirements.

The awards will be presented at a luncheon honoring the recipients as part of Founders Day festivities on Wednesday, April 19.

Layoff, transition guides available

"A Management Guide to Reduction in Time and Layoffs" and assistance for managers and supervisors is available from the Labor and Employee Relations Division by calling 476-3905.

A Transition Workbook also is available for employees who lose their jobs due to budget cuts. The workbook is designed to help these employees re-evaluate their interests and skills, establish goals, develop a strategy and initiate a course of action. Copies can be obtained through the Staff and Compensation Division at 476-2921.

Wanted: flextime vanpool riders

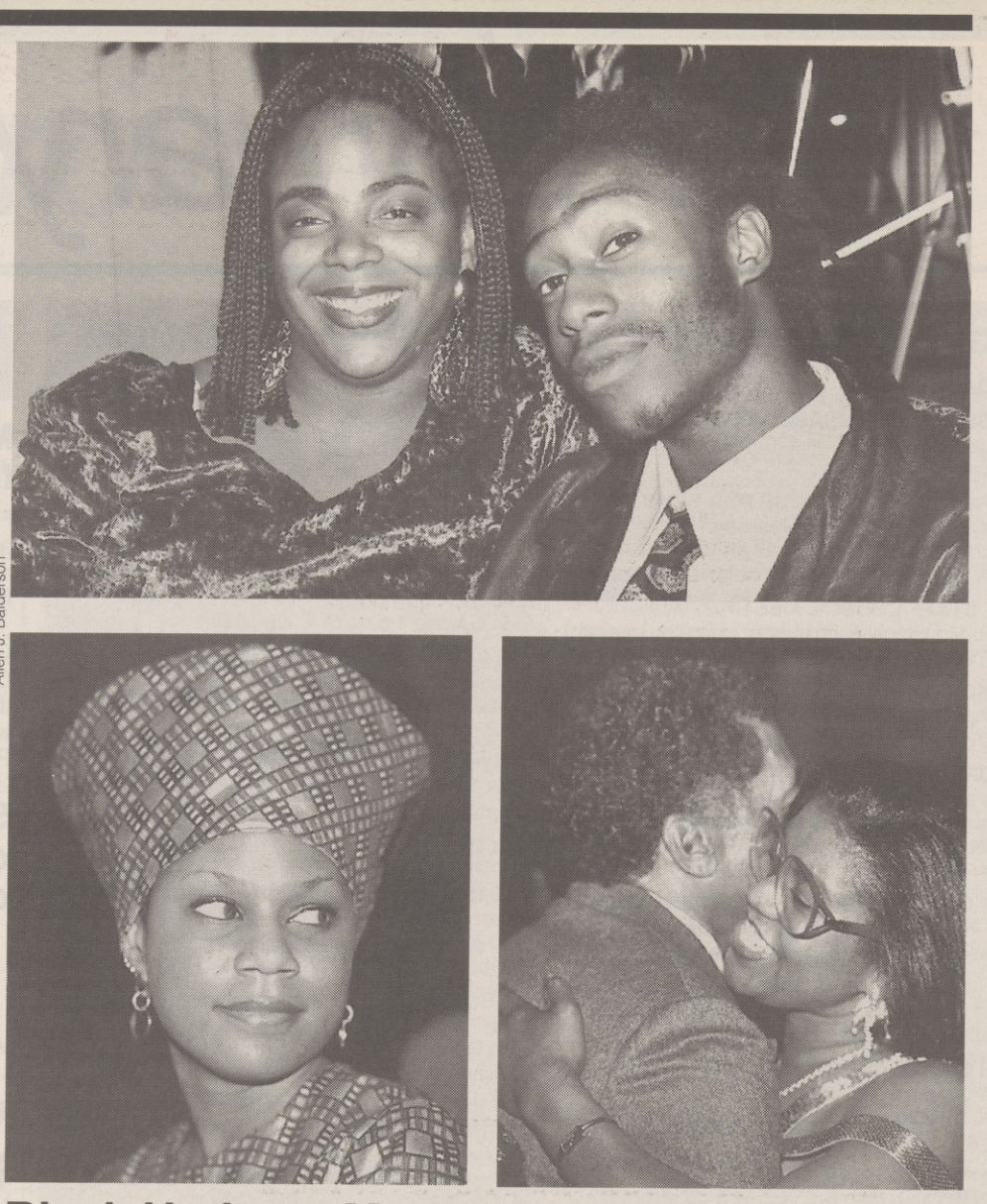
UCSF employees who work flextime, 40 hours a week from Monday through Thursday from 7:30 a.m. to 6 p.m., are needed to fill up a vanpool from the East Bay to the Parnassus campus. Pick-up points are at Del Norte BART station in El Cerrito and at Emeryville's Frontage Road near the Holiday Inn. For more information, call Michael Dow at Transportation Services, 476-1511.

NSF officials to visit UC Berkeley

You don't have to travel to Washington, DC to find out what's new about grants from the National Science Foundation. Top NSF officials will talk with administrators and faculty about funding priorities, proposal and award requirements, policy issues and disclosure requirements at UC Berkeley on Monday and Tuesday, April 6 and 7. For more information, call (510) 642-0120 or e-mail spore@garnet.berkeley.edu

Attn. managers: sexual harassment briefing is Feb. 21

The Office of Sexual Harassment Prevention and Resolution is sponsoring a management briefing on sexual harassment prevention in the workplace on Tuesday, February 21, from 9:30 to 11:30 a.m. in Toland Hall. These ongoing sessions are offered especially for new managers and supervisors and others who have continuing questions about their responsibilities. To attend, call 476-5186.



Allen J. Balderson

Black Heritage Month Begins — "Opening the Door of Opportunity for Change"

UCSF's Black Heritage Month got off to a soulful brew of hot tunes and warm feelings at the Black Caucus-sponsored dinner dance on February 4. Under the theme, "Opening the Door of Opportunity for Change," the month will continue with three lectures on Wed., Feb. 15, Thurs., Feb. 16, and Thurs., Feb. 23, a Black Nurses Symposium and Workshop on Fri., Feb. 24 (see the Today/Tomorrow calendar on page 4 for details) , plus the first Northern California Sickle Cell Winter Jazz Concert on Mon., Feb. 27 (see Upcoming Events on page 5). Above, at the Black Caucus dance, clockwise from top, Lowanna Thomas of Ob/Gyn with guest Donte Cullins; Ethel Adams of Audit Services takes to the dance floor for a slow number; Rachel Jones of Labor & Employee Relations sits one out.

Facilities Management reorganizes

The Furniture Planning and Relocation Services units within Facilities Management's Major Projects Division have merged into one unit with Frank Baldwin as director.

The new unit, the Relocation & Furniture Planning Group, is responsible for providing relocation coordination services, design services, specification, furniture purchasing and installation project supervision. Baldwin is working with the unit to incorporate computerized support into the services it provides.

All furniture planning services now are arranged using the Facilities Management Work Requisition Form. As before, all furniture purchases must be processed through Furniture Planning. Departmental purchasing delegation specifically excludes authority to purchase furniture. For more information, call 476-5343.

Medical Call Board

Women sought for three clinical trials on contraception at SFGH

Women interested in new forms of contraception are being sought for three clinical trials now under way in the Department of Obstetrics, Gynecology and Reproductive Sciences at SFGH. The first study is a six-month paid study using the vaginal ring. A small ring, containing the same hormones as birth control pills, is placed in the vagina to prevent pregnancy. In a separate, one- to three-year trial, volunteers will receive a low-dose birth control pill that does not contain experimental hormones. Women will receive free birth control and routine gynecologic care as well as payment for participation. The third study involves use of RU-486 as a form of emergency, post-coital contraception. Women who qualify will be given the drug within five days of unprotected intercourse to avoid unwanted pregnancy. For more information, call 206-6400.

Outpatient nutrition study looks for women

Researchers at UCSF are looking for healthy women between 45 and 75 years of age to participate in a six-week outpatient nutrition study. Participants must be in generally good health, had last menstrual periods five or more years ago and must not be taking estrogen replacement. Reimbursement is provided. For more information, call 476-3498.

Fatigue study at VAMC

Researchers at the VAMC Magnetic Resonance Unit are seeking healthy non-smoking, sedentary men and women between the ages of 25 and 55 to serve as control subjects for a study examining muscle fatigue in persons with multiple sclerosis. Volunteers must be free from heart disease, high blood pressure, diabetes and neurologic disorders. Studies will take place primarily at the VAMC. Subject payment is available. For more information, call Alex Ng at 751-9741.

Enter T-shirt design contest by Feb. 21

The UCSF/Asian Pacific American Systemwide Alliance (APASA) is holding its sixth annual T-shirt design contest for the 1995 Asian Celebration Week.

The award-winning design will be featured on T-shirts and other materials distributed to celebrate the week beginning Monday, May 15.

The contest is open to the public and comes with a prize of $200.

Designs may be on the front or back of the T-shirt, but if the design is on the back, a mini design using two colors may be included on the front. The design must include UCSF's name (abbreviation OK) and Asian Pacific Celebration without the date.

Winning design will be selected by the Asian Celebration Week Steering Committee and will become property of UCSF/APASA. To enter, contestants must submit a color mock-up (five-color maximum) no later than Tuesday, February 21, to Jeanne Lowe, UCSF/APASA, Box 0652. All artwork will be returned to contestants.

Medsounds Continued

UCSF gets $30 million toward Cancer Center

By REBECCA HIGBEE

UCSF has received a total of $30 million in gifts and pledges toward a $100 million fundraising goal, the total needed to create the new Cancer Center.

Fundraising efforts began in July 1990 as part of "Strength to Strength, The First Campaign for UC San Francisco" — a six-year campus-wide appeal for private support. The Campaign for UCSF seeks support to help UCSF fulfill the promise of revolutionary medical discoveries made in its laboratories and clinics, and hopes to raise a total of $533 million.

The unique collaboration at UCSF between basic scientists and clinicians makes UCSF a world leader in the ability to transfer basic scientific discoveries into new treatments for disease. To focus this synergy into new efforts to understand and combat cancer, the Campaign plans to raise $100 million to help build the Cancer Center.

Headquartered at UCSF/Mount Zion, the Cancer Center will involve faculty members and programs at all UCSF sites and will merge the latest knowledge in basic, clinical and epidemiological cancer research, patient care, and prevention and control efforts.

Cancer-related activities are being coordinated within the Schools of Medicine, Dentistry, Nursing, and Pharmacy, the Graduate Division, as well as at all four UCSF hospitals — UCSF Medical Center, UCSF/Mount Zion, the affiliated SFGH and the affiliated Veterans Affairs Medical Center, and the UCSF Medical Education Program in Fresno, Calif. UCSF officials hope this center will become the only National Cancer Institute (NCI)–designated Cancer Center in Northern California.

And although the Medical Center's current financial situation warrants postponing borrowing money until 1996-97 to help finance construction of the outpatient cancer building, these services will continue to be available in the pavilion building at UCSF/Mount Zion. Meanwhile, construction is continuing on the cancer research building, a 110,000-square-foot four-story building at 2340 Sutter Street.

Among the $30 million in gifts and pledges for cancer are:

♦ $3.3 million from the estate of Mario J. Rocca, a lifelong San Francisco resident.

♦ $2.5 million from Gerson and Barbara Bakar of San Francisco towards an endowment for the Cancer Center.

♦ $2 million from the Theodora B. Betz Foundation, Philadelphia, for cancer research.

♦ $1.3 million from the estate of Hildur V. Bullerwell, San Francisco, for cancer research.

♦ $1.5 million from the Samuel Bronfman family, Atherton, Calif., for breast cancer research.

♦ $1 million from Carol Buck Plummer of Crystal Bay, Nev., for the Glassberg Cancer Fund.

♦ $732,000 from the Ruth Weiss Fund, estate of Ruth Weiss.

♦ $712,000 from the estate of Harry Corvin to the UCSF/Mount Zion Medical Center, in memory of his parents, Rose and Solomon Corvin.

♦ $640,000 from the National Brain Tumor Foundation for the Brain Tumor Research Center.

♦ $600,000 from Dr. and Mrs. Marvin L. Auerback, Foster City, Calif., for the funding of the Roma and Marvin Auerback Distinguished Professorship in Pediatric Molecular Oncology.

♦ $600,000 from Dr. and Mrs. Herschel S. Zackheim of Redwood City, Calif., towards the Herschel and Diana Zackheim endowment.

♦ $500,000 from Chien Lee of Hong Kong, to establish the Lee Hysan Chair of Oral Epidemiology.

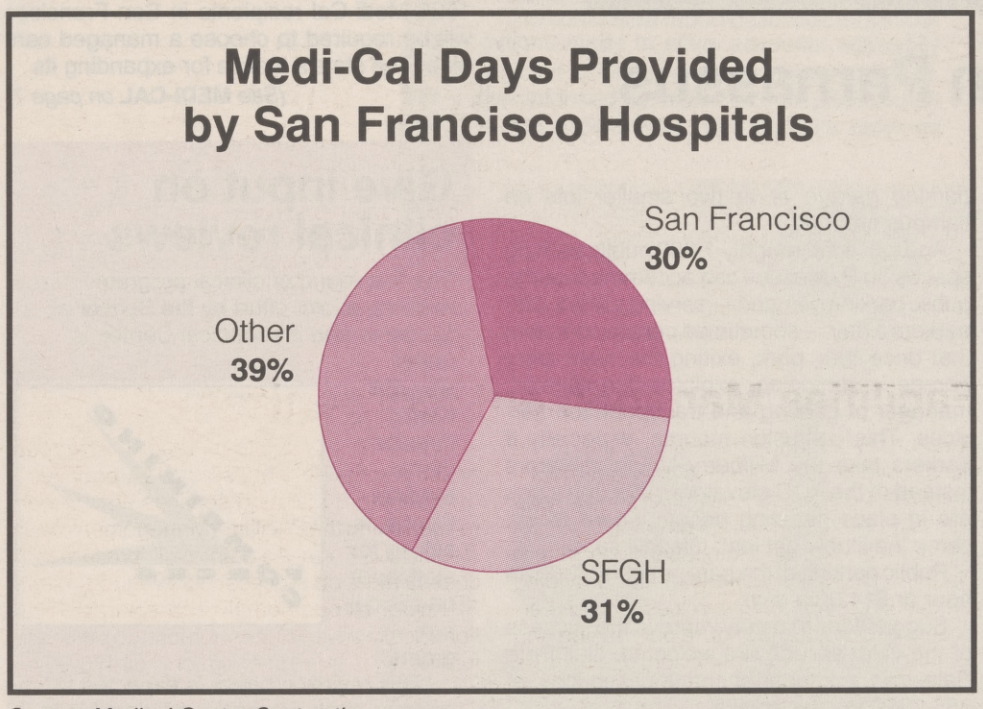
♦ $380,000 from Mr. and Mrs. Sol Price of La Jolla for the Brain Tumor Research Center.

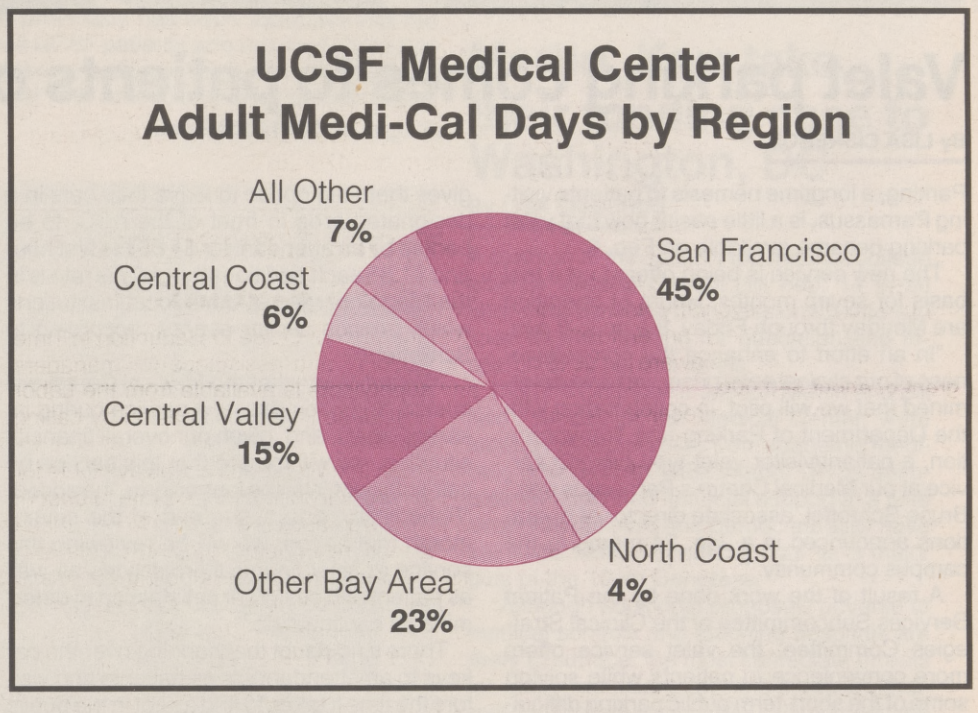
♦ $300,000 from the William G. Irwin Charity Foundation, San Francisco, for the Laboratory for the Study of Cancer in Women.

♦ $250,000 from the Eva B. Buck Charitable Lead Trusts for Professorship Recruitment, Cancer Center.

♦ $250,000 from David M. Chamberlain, Chair, UCSF Foundation and Mrs. Chamberlain, for the Cancer Center.

Medi-Cal *(from page 8)*





Source: Medical Center Contracting

Medi-Cal managed care options is to both save taxpayers' dollars and improve the health status of recipients.

Focusing on the Aid to Families with Dependent Children and selected medically indigent populations, the plans will emphasize prevention and education, including immunization programs for children, prenatal services for young women, and earlier intervention in chronic disease management. It is expected that these steps will stem the need for more costly emergency and inpatient care.

"We traditionally have left out cost as a consideration. It's time to take it into the [managed care] equation in a way we never have before."

— Tracy Flanagan, medical director, UCSF's Medi-Cal managed care program

The State is developing a "two-plan" model for delivery of care to Medi-Cal recipients. In each of the designated expansion counties the plan is to contract with one commercial HMO as well as a consortium of public and private health care providers, which in San Francisco includes the county Department of Public Health, the major hospitals, the country Medical Society, and community clinics. The latter is known as the "Local Initiative."

The reasons for the state's two-plan model are to maximize beneficiary choice and to maintain a competitive marketplace. UCSF will participate in both models of care delivery.

For the interim period before the two-plan model is implemented, the UCSF Medical Group and the Medical Center have negotiated Medi-Cal HMO contracts with both Health Net and PacifiCare HMOs. By enrolling members in these interim Medi-Cal HMO contracts, UCSF has an opportunity to acquire the experience necessary to effectively provide care to Medi-Cal patients within a managed care environment. These contracts will be in place until the Local Initiative is completely planned and a single commercial plan is selected to serve San Francisco county Medi-Cal recipients.

UCSF's role in the Medi-Cal market

As a major player in the San Francisco Medi-Cal market — accounting for about one-third of all Medi-Cal hospital days in the city — the Medical Center has a vested interest in continuing to serve this population. "UCSF wants to continue its commitment to service a diverse population of all different financial backgrounds and health care needs," says Tracy Flanagan, medical director of UCSF's Medi-Cal managed care program.

UCSF provides primary and specialty care for many Medi-Cal recipients living in San Francisco through the Crede Ambulatory Care Center at Parnassus and at UCSF/Mount Zion. More than 60,000 outpatient visits to the ACC are Medi-Cal patients. With a long history of serving the Western Addition, the UCSF/Mount Zion clinics attribute more than half of its 35,000 yearly visits to Medi-Cal patients.

UCSF also is a specialty referral center for Medi-Cal patients throughout California. In order to continue to serve as an effective regional center for out-of-area Medi-Cal patients, UCSF has begun contract negotiations with Medi-Cal managed care plans operating in other counties.

Understanding the need to educate staff and physicians about the changes necessary to practice Medi-Cal managed care, Flanagan is planning to repeat one-hour orientation sessions to be scheduled over a two-day period. Besides learning about new Medi-Cal verification and referral procedures, attendees will have an opportunity to hear speakers from Health Net and PacifiCare, and will receive information on UCSF's Medi-Cal managed care provider panel.

"The managed care equation must take into account cost containment, quality control, teaching, and patient satisfaction," says Flanagan. "We traditionally have left out cost as a consideration. It's time to take it into the equation in a way we never have before."

Indeed, controlling costs will be paramount to UCSF's success in Medi-Cal managed care since the benefits per member, per month rate in Medi-Cal is 40 percent less than reimbursement for commercial managed care plans such as Health Net. To put the managed care challenge into perspective, UCSF must work harder to keep people healthy and out of the hospital. UCSF patients and staff who have questions about Medi-Cal managed care should call the Physician Referral Service at 885-7777.

Patient *(from page 8)*

the time of admission to the UCSF Medical Center. If the patient has an advance directive, a copy is put in the medical record. Staff must make sure it has been signed, dated, witnessed and has not expired. If any of these criteria are not met, staff should contact Risk Management, Kaye says.

If the patient doesn't have one, the patient or family member is given a brochure describing the patient's right to make decisions about medical treatment.

"Once a patient has declined further medical intervention, the physician's duty to provide such care ceases."

— Lois Kaye, risk manager

Completing an advance directive requires signatures of two adult witnesses or notarization by a notary public. A UCSF employee cannot witness the document and at least one witness must not be related to the patient by blood, marriage or adoption and must not be a beneficiary of the patient's estate, according to law. Because the witness requirements make it difficult for a patient to complete an advance directive while in the hospital, physicians should encourage patients to think about completing one prior to admission, Kaye says.

If a patient doesn't have an advance directive and is incompetent to consent to medical care, physicians will turn to the family, the court or a multidisciplinary heatlh care team to make decisions for the patient, Kaye says.

Volume 10, Number 3 February 11-24, 1995

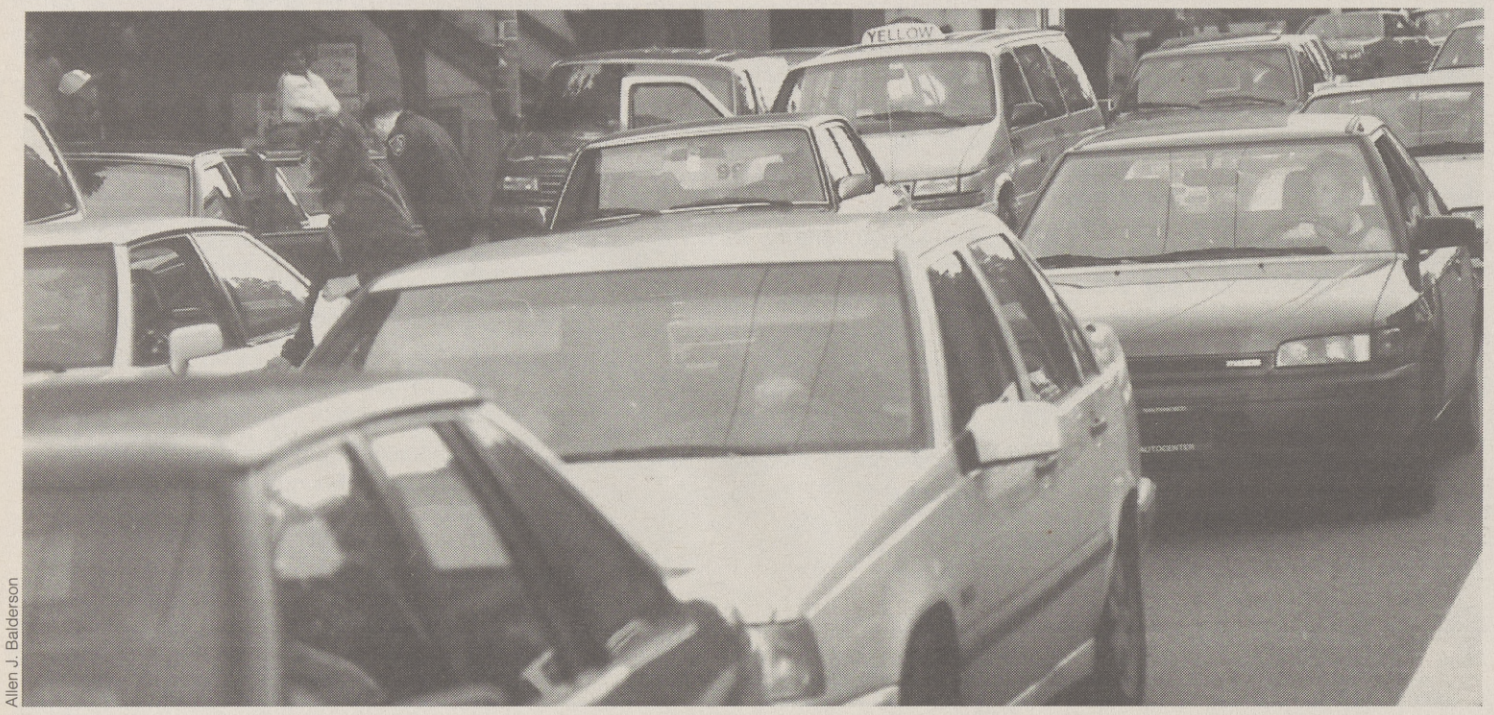
UCSF Medsounds

Page 1 ... Future of AIDS research, clinical care

Page 1 ... An epidemic of baby bottle tooth decay

Page 1 .... SFGH finally gets a parking garage

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, UCSF/Mount Zion and Medical Center employees at Mission Center and Laurel Heights.



Allen J. Balderson

Valet parking comes to patients on Parnassus

By LISA CISNEROS

Parking, a longtime nemesis to patients visiting Parnassus, is a little easier now that valet parking became available on Feb. 6.

The new service is being offered on a trial basis for seven months. Hours of operation are Monday through Friday, 8 a.m. to 6 p.m.

"In an effort to enhance the competitiveness of our clinical enterprise, we have determined that we will pilot, in collaboration with the Department of Parking and Transportation, a patient/visitor valet-type parking service at our Medical Center's Parnassus site," Bruce Schroffel, associate director of operations announced in a Jan. 24 memo to the campus community.

A result of the work done by the Patient Services Subcommittee of the Clinical Strategies Committee, the valet service offers more convenience to patients while solving some of the short-term public parking difficulties experienced by patients and visitors. It gives them the option to leave their cars in a designated area in front of the ACC, to be parked by an attendant for $4.85 the first hour and $1.85 each additional hour. This rate is in the range charged at other local institutions which provide similar service, according to Schroffel.

"We anticipate that the Medical Center will sustain a loss on this new service during its early phases; and, given our overall financial situation, we will require that this service be self-sufficient over the longer term," he added. "Periodically, and at the end of the seven-month trial period, we will be reviewing this service against financial projections as well as patient and customer satisfaction to determine its continuation."

There's no doubt that handing over the car keys to an attendant saves patients and visitors the time it takes to find a spot in the public parking garage or at two smaller lots on campus property.

And while the roughly 1,000 public parking spaces on Parnassus can accommodate the public parking demand — serving some 2,000 parkers a day — sometimes people complain that once they park, exiting the eight-story garage is confusing, explains Jon Gledhill, manager of parking and transportation services. This confusion mounts, especially if parkers take the Millberry Union elevators instead of the ACC elevators. Although signs are in place directing people where to go, some inevitably get lost, Gledhill says.

Public parking at the garage costs $1.85 an hour or $14.80 a day.

Suggestions that may improve the success of the valet service are welcome. Call Pete Balestreri, manager of sercurity services, at 885-7890 to offer advice.

Patient Self-Determination Act

Following a patient's wishes regarding medical care

By LISA CISNEROS

While the Patient Self-Determination Act (PSDA) has been a federal law since it was adopted by Congress in 1990, recent California court decisions show a patient's constitutional right to refuse treatment is stronger than ever.

In fact, experts say, health care providers are more likely to face legal action for *not* following, rather than following a patient's wishes regarding medical care. An example of this trend toward individual rights is the 1993 case, *Thor vs. Superior Court*.

The court ruled then that a quadriplegic prisoner had the right to refuse food after a staff physician tried to force feed him. "The right does not depend upon the nature of the treatment refused or withdrawn; nor is it reserved to those suffering from terminal conditions," the court ruled. "Once a patient has declined further medical intervention, the physician's duty to provide such care ceases."

To avoid bedside confusion or legal action, patients should express their wishes about medical treatment by completing an advance directive, a document that states what type of life-sustaining treatment, if any, he or she wants. Although health care providers must ask if a patient has an advance directive, it is a patient's responsibility to see that one is drafted, explains Lois Kaye, risk manager at UCSF. In an emergency no consent is needed for treatment, she explains.

California has two formal procedures for patients to give advance directives: a Durable Power of Attorney for Health Care (DPAHC) and a Natural Death Act Declaration.

The DPAHC gives any adult California resident of sound mind the ability to specify treatment preferences and name an agent to make medical decisions when he or she is unable to do so. That agent has authority only when the patient lacks the capacity to make the decision and must follow the patient's known desires. Agents cannot consent to an abortion, sterilization, psychosurgery or involuntary mental health treatment.

The Natural Death Act Declaration is more limiting. It gives a patient the ability to state in advance the kind of treatment wanted in the event she or he is diagnosed by two physicians to be terminally ill or permanently unconscious and no longer able to make health care decisions.

There is no agent named to make medical decisions under any other circumstances.

There are other less formal ways a patient can communicate desires for medical care, including a living will or simply by telling a doctor or family member. Parents have legal authority to make decisions for patients under the age of 18. A patient can revoke an advance directive at any time by notifying the agent or doctor.

Medical Center policy

Every competent adult patient is asked whether he/she has an advance directive at

(See **PATIENT** *on page 7)*

Meeting PSDA requirements

Under the Patient Self-Determination Act, health care providers must meet the following requirements:

- ♦ Provide patients with information about their rights under state law to accept or refuse treatment and to formulate advance directives, as well as explain any relevant facility policies;
- ♦ Ask the patient whether he or she has an advance directive, and document the answer;
- ♦ Follow California statutes and court decisions regarding the right to refuse treatment and advance directives;
- ♦ Educate staff and the community about patient rights concerning self-determination — and document that this is done; and
- ♦ Never condition patient care on the presence or absence of an advance directive.

Source: Bureau of National Affairs California — Health Care Report, Dec. 9, 1994

UCSF moves Medi-Cal to HMO plans

Editor's Note: This is the first of a two-part series on how the Medical Center and the UCSF Medical Group are preparing for the state-mandated transition to move Medi-Cal patients into managed care health plans. This story presents an overview of the state's initiative, the local initiative and UCSF's role as a Medi-Cal health care provider. The next part, to appear in the Feb. 25 issue of Medsounds*, will explain the financial and operational impacts of Medi-Cal managed care at UCSF.*

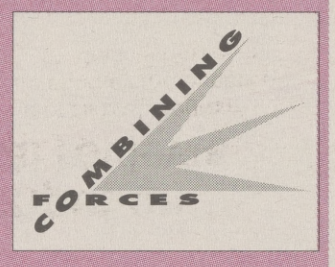
The growing national tidal wave for welfare reform has been sweeping California shores for several years. And the current movement to expand Medi-Cal managed care to nearly 20 counties, including San Francisco, means health care providers better be prepared.

While Medi-Cal recipients can continue to obtain care in their current mode for the time being, the state has indicated that by early 1996 Medi-Cal recipients in San Francisco will be required to choose a managed care plan. The state's motive for expanding its

(See **MEDI-CAL** *on page 7)*

Give input on clinical reviews

The first round of clinical program reviews, a joint effort by the School of Medicine and the Medical Center, is under way. Bill Kerr, director of the Medical Center, is asking for staff input on clinical programs.



"This review process is expected to address each program's relationship to our missions, its linkage to essential academic and clinical programs, its patient activity and financial performance, the return on recent or planned capital expenditures, its competitive position, and available measures of quality," Kerr states in a Jan. 25 memo.

As was reported in the last issue of *Medsounds*, some reviews may conclude that programs will be consolidated or eliminated while others may lead to additional investment in existing or new programs.

The following criteria will be considered in the review process:

- ♦ Significant potential to reduce fixed and/or variable operating expenses;
- ♦ Planned major capital expenditures (plant and equipment);
- ♦ Potential to release space for high priority programs;
- ♦ Low patient activity, insufficient revenue generation;
- ♦ Plans to duplicate an existing program; and
- ♦ Programs designated by the School of Medicine as priority for strategic planning.

The oversight committee for this review process is the Program Policy Advisory Committee, which includes department chairs and services chiefs from both Parnassus and Mount Zion. The Medical Center's Program Planning and Marketing, headed by Patty Perry, will staff the review and will assemble multidisciplinary groups, including faculty and staff, to address specific program evaluations.

To give suggestions on this review process, contact Perry either at Box 0296 or by telephone at 476-3289.